



# NATIONAL SERVICE SCHEME



## ISWAR SARAN DEGREE COLLEGE

(A Constituent P.G. College of Central University of Allahabad)

# ANNUAL REPORT

Session

2019-20



National Service Scheme was started by the Government of India under the Fourth Five Year Plan in 1969. The main objective of the scheme is to engage the students in constructive work of national and social interest, to provide practical experience for solving problems, to develop their personality. The aim was to achieve all-round development of the society and to awaken loyalty towards labour. In the National Service Scheme, a minimum of 120 hours of social work is expected from every member in a session. In these works, various types of works are carried out such as - construction of roads by labour. To make efforts for the prevention of diseases, to create awareness of community living among the villagers, to provide necessary knowledge to the people about balanced diet, population control, pollution, cleanliness etc., to help disabled and helpless people in various ways. To do etc.

Every member is given an opportunity to participate in a 7 day camp at least once in 2 years. Every member of the National Service Scheme is given a diary and badge free of cost by the concerned unit. The volunteers are expected to Bring your diary with you at the time of work and fill in the details of the work done in hours. Details of each work should be kept in the diary regularly. Under the session 1919-20, Ishwar Sharan P.G. Various types of programs (general and special)/activities were organized in the college under the National Service Scheme. Detailed reports of all these programs have been compiled by the units along with newspapers. The meeting of the college units of the National Service Scheme was held in the month of August under the chairmanship of the Principal of the college, Professor Anand Shankar Singh, in the presence of the in-charge of the National Service Scheme of the college and all the program officers of the college. In the

meeting, it was unanimously decided that in the college, which At which place and what work or activities the unit has to do, and after the end of the session, it has to present the details of all the work to the college administration. In this meeting, the responsibilities of the program officers were divided into different areas and each was assigned to the college. A certain portion was allotted for the programs. The entire responsibility of the entire maintenance of the allotted area, construction of cleaning beds, weeding and plantation of plants was handed over to the concerned program officer. Till the beginning of the annual examination i.e. till the last week of February. Responsibility was fixed to organize a cultural program and debate every Sunday.

A slum, Bhulai Ka Pura, was also selected to organize the activities. 7 one-day camps scheduled by the government were also organized in the same slum. The volunteers of the unit reached the acquired slum and kept the environment around them clean and safe. In order to maintain cleanliness, he himself tried to establish cleanliness by cleaning the streets, roads and drains and by convincing people. Apart from this, N.S.S. Various types of programs were organized throughout the year by various units of IAS.

The complete account of these programs is given point wise as follows. First of all, the general programs have been displayed as follows and then the detailed account of the special camp has been presented.

- **General Program (Session 2019-20)**

- . On 24 August 2019, a formal meeting was held with the newly entrant volunteers of NSS by the Program Officer of Unit No. 067 of



the National Service Scheme. In the meeting, the Program Officer made the volunteers aware of the basic spirit of the National Service Scheme and tried to explain it. How NSS is necessary for a successful person in every situation of life. All the volunteers were present in this meeting called with the aim of inculcating a sense of dedication towards national service among the volunteers.

- On 29 August 2019, the Central Government's ambitious scheme Fit India campaign was launched under the joint aegis of all the units of the National Service Scheme of the college family. Principal of the college, Professor Anand Shankar Singh was present in the said campaign and flagged off the rally organized for the campaign. Professor Anand Shankar Singh, in his brief address, introduced the volunteers of the National Service Scheme to the importance of staying fit and discussed the methods and measures which should be a part of our daily life. Professor Singh further said that fit India

Movement is not a one day program, it is a part of our life. The rally reached the designated destination and ended at the college campus.



- On 5 September 2019, on the occasion of Teacher's Day, the college units of the National Service Scheme jointly organized a program with the volunteers. In the said program, Dr. Rachna Singh, Associate Professor of the Department of Medieval History of the college and Dogayatri Singh, Associate Professor from the same department were present. In the said program, the volunteers presented their ideas and the program officers jointly designed and implemented the said program. On 16 September



2019, a symbolic program was organized in the college campus under the joint aegis of all the units of the National Service Scheme to promote the relevance of Nutrition Month (1 September 2019 to 30

September 2019). In which volunteers from all the units were present and discussed with the volunteers about the concept of nutrition and There was a detailed discussion on its need and importance. In which the program officers addressed the students as well as the volunteers also presented their views.

- NSS of Allahabad University on 25 September 2019. Dr. Manju Singh, coordinator of the college, arrived at the college campus. Dr. Manju Singh saw and appreciated the service work done by the volunteers in teaching the children of laborers. Dr. Manju Singh



encouraged the students and encouraged them to do such service work in future. Just inspired to engage more in. I

- 2 October 2019, on the occasion of Gandhi Jayanti, NSS of the college. The birth centenary of Mahatma Gandhi was celebrated under the joint aegis of three units 066, 067 and 069 of Mahatma Gandhi. In the first session of this program, all the volunteers took out a rally whose message was to convey the thoughts of Mahatma Gandhi to the general public. In the second session, all the volunteers along with The program officers organized a lecture series in the Nirmala Deshpande Auditorium of the college. In the said lecture series, Chairman of the Governing Body of the college, Shri R.K. Srivastava and College



Principal Professor Anand Shankar Singh were also present. Both of you jointly



addressed the volunteers and presented your views on the life philosophy of Mahatma Gandhi.

- On 26 November 2019, a program was organized on the occasion of Constitution Day under the joint aegis of all the units of the National Service Scheme of the college. In the said program, all the volunteers were administered the oath of the Constitution and also discussed the importance of the Indian Constitution.



were encouraged to follow the path shown. I

- On 27th November 2019, a program on the theme 'Ek Bharat Shrestha Bharat' was organized in the college campus with the combined efforts of National



Service Scheme units. The chief guest of the said program was Dr. Manju Singh, Coordinator of National Service Scheme of Allahabad University. Dr. Manju Singh along with the volunteers Discussed the said topic and

presented his views. The said program was presided over by the Principal of the college, Prof. Anand Shankar Singh, while addressing the volunteers, informed about his personal experience and information about Ek Bharat Shrestha Bharat.

- On December 14, 2019, under the joint aegis of National Service Scheme Unit No. 066, 067 and 069, a cleanliness campaign was conducted in collaboration with the volunteers in the college campus, in which the



volunteers of the above three units went to different parts of the campus and cleaned it and practically taught about the importance of cleanliness. understood Special camp.



The joint weekly camp started from 2 February 2020 and continued till 8 February 2020. The formal inauguration of the camp took place in



the Nirmala Deshpande Auditorium located in the college campus.

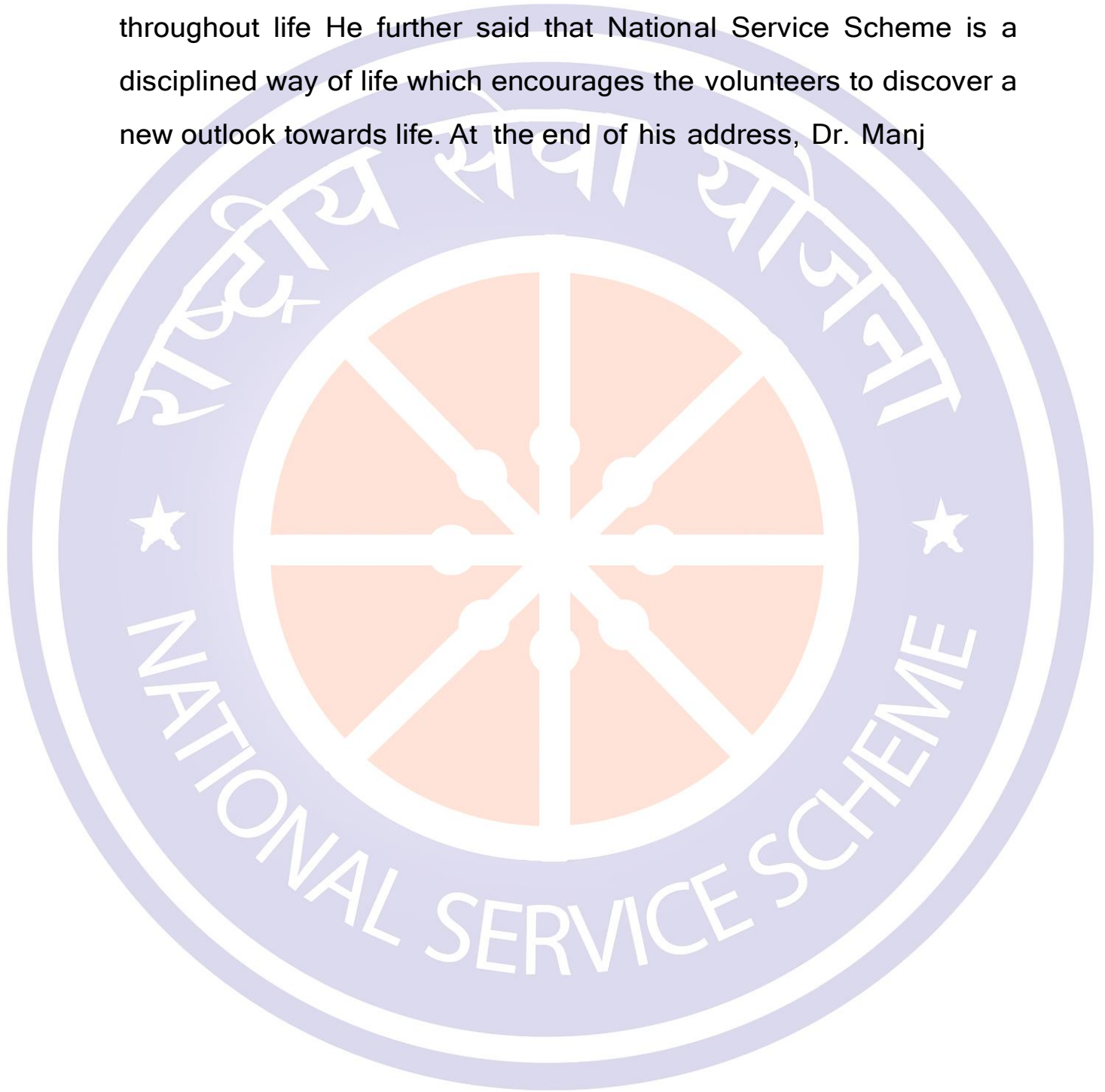
Dr. Manju Singh, Coordinator of the National Service Scheme of Allahabad University, was present as the chief guest in this program.



While the programme was presided over by the Principal of the college, Prof. Anand Shankar Singh did. In his address, Dr. Manju Singh

informed the volunteers that the main objective of the National Service Scheme is national service, social service and family service. National Service Scheme is not just a series of some small programs,

but a way of life. is National Service Scheme needs to be implemented throughout life He further said that National Service Scheme is a disciplined way of life which encourages the volunteers to discover a new outlook towards life. At the end of his address, Dr. Manj



Manju Singh called upon the volunteers to participate in some social work which has some Tangible form can be seen - like organizing a health fair, distributing clothes to the poor, going to poor colonies and providing education, etc. Thereafter, in his presidential address, Prof. Anand Shankar Singh told the students that the spirit of service is embedded in the culture of our country. We do not show service by just doing some work, but our ancestors and our religious texts have taught us that our life is for the welfare of the society. Referring to many references like Vedas, Upanishads, Ramayana, Mahabharata etc., Dr. Singh told how our ancestors overcame many problems in their lives for the society and the nation and kept working for the progress of the society and the nation. In his address Dr. Singh further said that the main work of volunteers is to generate a feeling

of self-service. This feeling of service should not be done by anyone's advice or instructions, but it should arise in one's own heart. In our day-to-day activities, we should keep in mind that our work should not cause harm or suffering to anyone and if possible, we should be able to serve someone. The program was conducted by Program Officer Dr. Avinash Pandey while the guests were welcomed by Dr. Narendra Kumar Singh. At the conclusion of the program, vote of thanks was given by Program Officer Dr. Vivek Kumar Rai.

After the formal inauguration, all the program officers along with the volunteers reached the courtyard of the Camp Site Development



School, Salori and in a formal dialogue with the volunteers, informed them about the outline of the future programs. The students got to know each other as volunteers along with their respective tasks. After introduction between the units, inter-group introduction and discussion campaign was conducted. In which the volunteers of all three units got to know each other and introduced themselves. In this way, as per the instructions of Dr. Manju Singh, coordinator of the National Service Scheme of Allahabad University, the volunteers got to know and understand each other. It was also decided in this program that by the conclusion of the camp, each volunteer would be able to personally introduce at least 50 volunteers along with their names. The first day of the camp was formally concluded after the national anthem.

## Second day of camp (03 February, 2020)

The second day of the camp started again with a prayer meeting. In which the volunteers of all three units conducted a meeting and brief exercise under the direction of the program officers. Thereafter, a short break was given to the volunteers and after this the volunteers went to their respective units and contacted the program officers to discuss the future course of action.

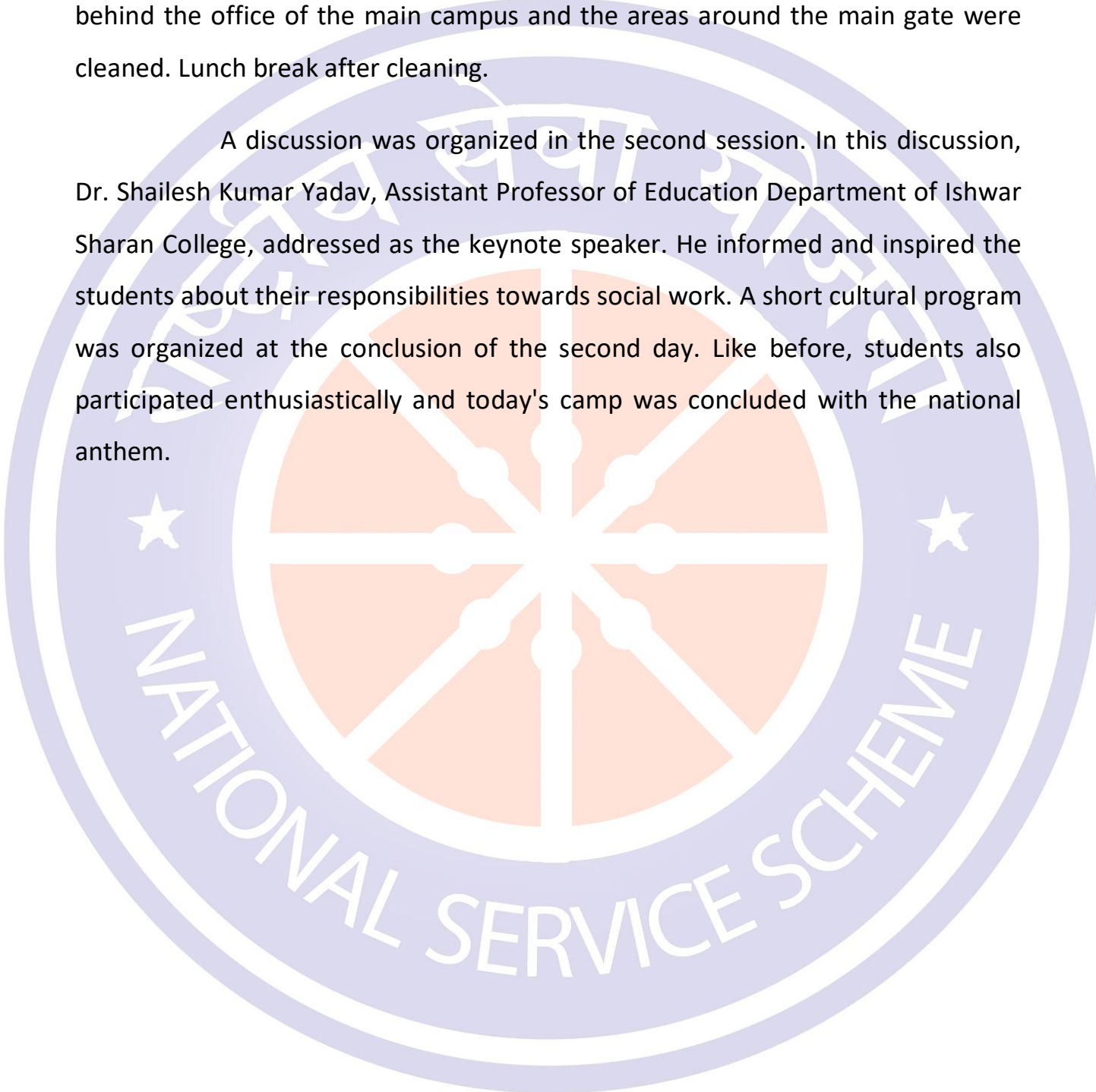


The outline for the implementation of the cleanliness campaign predetermined for today was decided. For the cleanliness campaign, the entire campus of Vikas Vidyalaya was theoretically

divided into three parts. In these three parts, all three units identified places for

cleanliness. After this, volunteers of each unit went to the designated place and cleaned. In which the school garden, the residential complex located in the grounds behind the office of the main campus and the areas around the main gate were cleaned. Lunch break after cleaning.

A discussion was organized in the second session. In this discussion, Dr. Shailesh Kumar Yadav, Assistant Professor of Education Department of Ishwar Sharan College, addressed as the keynote speaker. He informed and inspired the students about their responsibilities towards social work. A short cultural program was organized at the conclusion of the second day. Like before, students also participated enthusiastically and today's camp was concluded with the national anthem.





## Third day of camp (04 February, 2020)

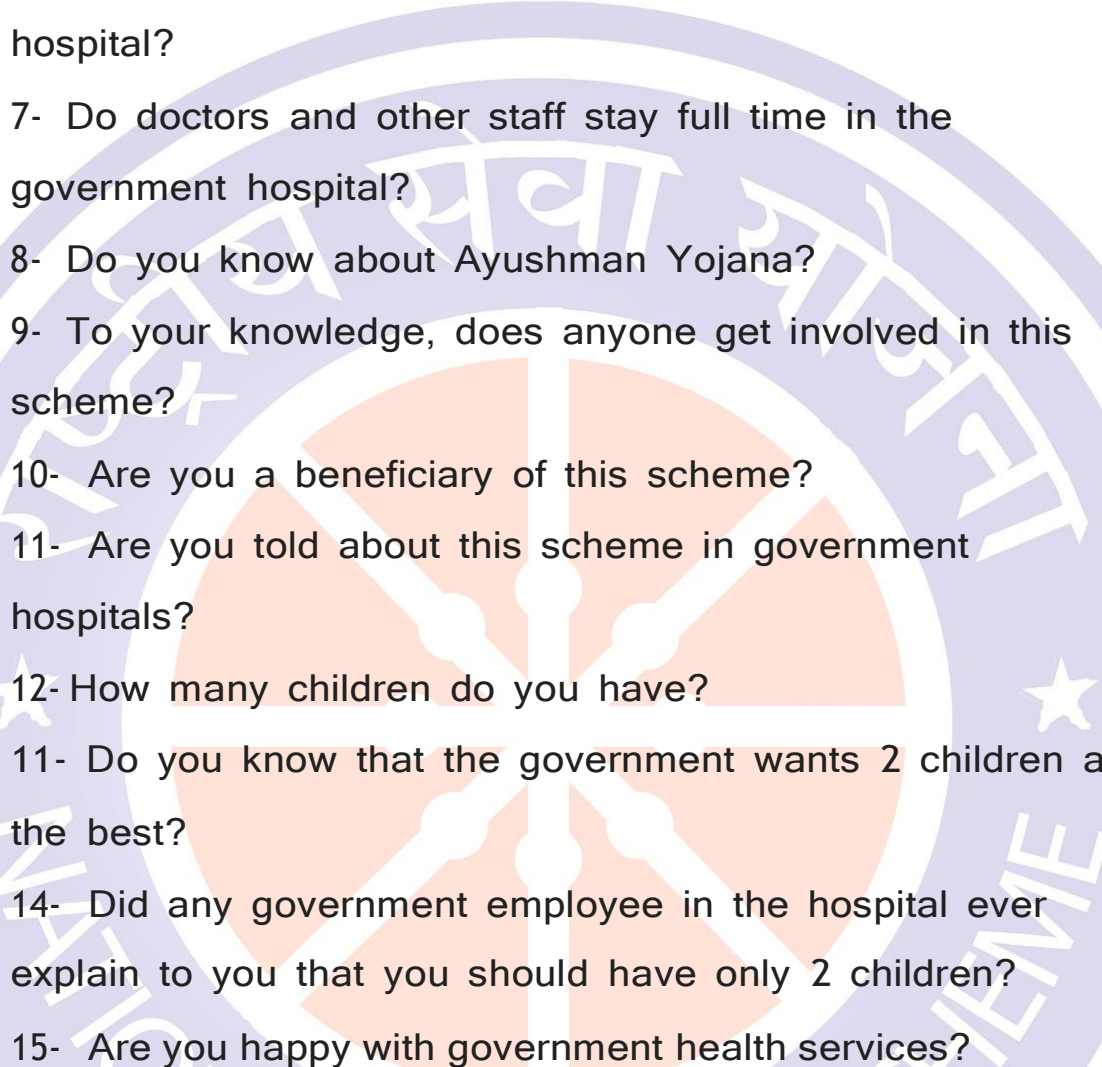
On the third day of the weekly camp, the first session of 4 February 2020 was started at 9:00 am with prayer meeting and short exercise as before. Thereafter, as per the pre-determined programme,



the volunteers of each unit were divided into groups of 5 and sent for survey to the slum Bhulai Ka Pura located near the school campus. The main topic of the survey was government health facilities and their accessibility to the general public. For this, a questionnaire of 15 questions was prepared. In which the following questions were put - Thus, through a series of 15 questions, the volunteers made personal contact and obtained information from the slum residents. At 1:00 pm, all the volunteers met their respective program officers with the information received and submitted their reports.

According to the information received from the survey, people's opinion towards government health facilities has been presented through the following table --

- 1- Do you get free medicines from Primary Health Center?
- 2- Are all vaccines administered free of cost at primary health centres?
- 3- Are there proper arrangements for delivery of a child in the primary health centre?
- 4- Do health workers come to your locality to administer polio medicines?

- 
- 5- Are medicines available in government hospitals?
  - 6- Are you happy with the cleanliness of the government hospital?
  - 7- Do doctors and other staff stay full time in the government hospital?
  - 8- Do you know about Ayushman Yojana?
  - 9- To your knowledge, does anyone get involved in this scheme?
  - 10- Are you a beneficiary of this scheme?
  - 11- Are you told about this scheme in government hospitals?
  - 12- How many children do you have?
  - 11- Do you know that the government wants 2 children as the best?
  - 14- Did any government employee in the hospital ever explain to you that you should have only 2 children?
  - 15- Are you happy with government health services?

Thus, through a series of 15 questions, the volunteers obtained information from the slum dwellers through personal contact. According to the information received from the survey, the opinion of the people towards the government health facilities has been presented through the following table --

No.	Description	yes(%)	no (%)
1	Do you get free medicines from Primary Health Center?	80	20
2	Which Primary Health Centers are provided free of cost?	90	10
3	A primary health center has proper arrangements for childbirth	60	40
4	Do health workers come to your locality to administer polio drops?	100	00
5	Are medicines available in government hospitals?	30	70
6	Are you happy with the cleanliness of the government hospital?	40	60
7	Do doctors and other staff stay full time in a government hospital?	40	60
8	Do you know about Ayushman Yojana?	75	25
9	Does any of your information match this plan?	50	50
10	Are you a beneficiary of this scheme?	35	65



11	Are you told about this scheme in government hospitals?	70	30
12	How many children do you have?	45 (2≥2)	55 (2≤2)
13	Did you know that the government wants 2 children to be the best?	65	35
14	Has any government employee in the hospital ever explained to you that there should be only 2 children?	80	20
15	Are you happy with government health services?	40	60

In the second session of the third day of the weekly camp



Dr. Buddhi Sagar Gupta, Assistant Professor, Department of Pedagogy, CMP College, taught the volunteers yoga and made them aware of the impact of yoga on life. Then of the sum the asanas were practically shown. After doing the yogasana himself, he also taught yogasana to volunteers. The main asanas were Tadasana, Shavasana, Hanumanasana, Pranayama, Parvatasana etc. After practicing these asanas, Dr. Gupta briefed all the volunteers and teachers on the conditions of their use. Thereafter, all the

program officers and the volunteers expressed their gratitude to Dr. Gupta and again the third day camp was formally concluded with the singing of the National Anthem with the volunteers of the three units.





## Fourth day of camp (05 February, 2020)

Whereas in the second session, various methods of disaster management were practiced by visiting the camp site in Vikash Vidyalaya. On the occasion, Shri Gopal Ji Tiwari, Shri Sunil Ji, Shri Choudhary Ji were present on behalf of Shri Satya Sai Seva Sangathan and practiced with



expressing gratitude to the volunteers of Sri Satya Sai Seva Sangathan, the Program Officer and all the volunteers of National Service Scheme appreciated their contribution.



## Fifth day of the camp (February 06, 2020)

The fifth day of the weekly camp started as usual with a prayer meeting. Even today, after the prayer meeting, the volunteers read the main news of the day and as per the pre-determined schedule, the volunteers had to speak the main points of the news in Hindi and English. Five volunteers from each unit read the news in Hindi and English. As a subject of news reading, he was expected to compile news related to social service and inform the group about it |

In this way, the volunteers painstakingly compiled various issues related to social

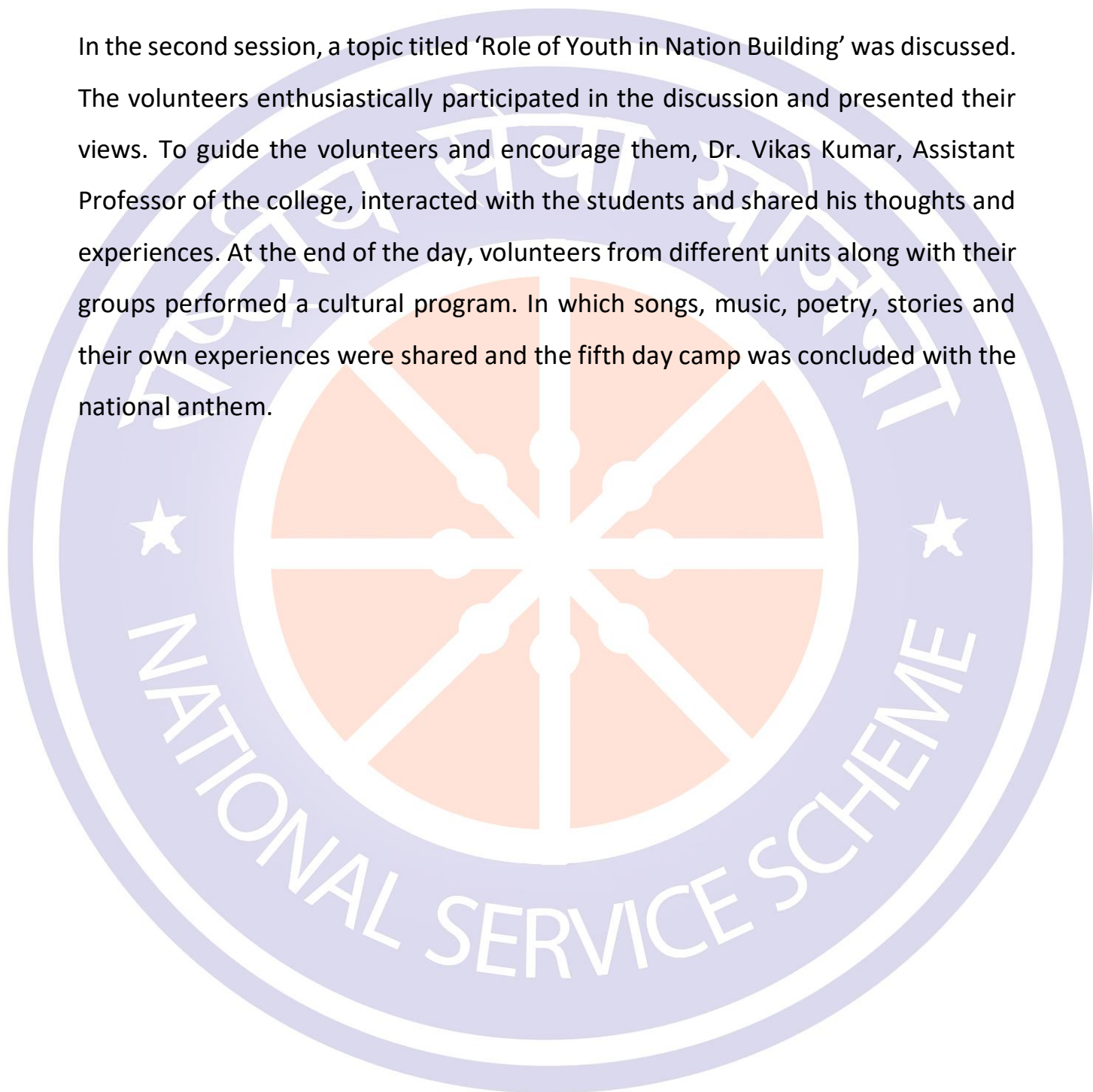


service and read them in detail, date wise and person wise. After this program, a short exercise was done again like before. After this, all the volunteers went to their respective units and held a meeting with their respective

program officers. In the said meeting, it was to be decided what other programs were to be conducted on that day and the program officers also had to direct the volunteers as to which programs would be organized in the remaining days and in what manner. | In this, all the program officers together decided that after noon, cleanliness program would be conducted at those places where it could not be done earlier. After taking permission from the Principal of Vikas Vidyalaya, the volunteers also cleaned those places where cleaning could not be done for the first

time during the cleanliness campaign. In this way, on the fifth day of the camp, the volunteers organized a cleanliness drive. |

In the second session, a topic titled 'Role of Youth in Nation Building' was discussed. The volunteers enthusiastically participated in the discussion and presented their views. To guide the volunteers and encourage them, Dr. Vikas Kumar, Assistant Professor of the college, interacted with the students and shared his thoughts and experiences. At the end of the day, volunteers from different units along with their groups performed a cultural program. In which songs, music, poetry, stories and their own experiences were shared and the fifth day camp was concluded with the national anthem.





## Sixth day of the camp (07 February, 2020)

On the sixth day of the weekly camp, on 7 February 2020, in the first session, a discussion was organized on the topic Beti Bachao Beti Padhao under the joint aegis



of Amar Ujala in the multipurpose auditorium of Ishwar Sharan College. In which some national journalists also participated on behalf of Amar Ujala, while the three program officers of NSS, Dr. Avinash Pandey, Dr. Vivek Kumar Rai and Dr. Narendra Kumar Singh

participated in the program. The program was conducted by Dr. Harshmani Singh, Assistant Professor of Economics of the college and Dr. Rachna Singh, Associate

Professor of the Department of Medieval and Modern History, was present as the chief guest.

Along with this, ancient history scholar Dr. Manoj Kumardubey was also present in the said program as a special guest.

National Service Scheme volunteers participated enthusiastically in the program. |





Volunteers like Aman Maurya, Pushpendra Tripathi, Vijay Verma, Praveen Kumar, Arpit Tiwari, Amit Kumar Pandey, Naveen Jaiswal etc. presented their views on the status of girls in India and their educational scenario. After the symposium, the chief guest of the program Dr. Rachna Singh and special guest Dr. Manoj Kumar Dubey also addressed the students. During their address, both the speakers said that respect for women is not just a system of behavior but it is also a matter of sentiments. There should be respect for women in our thoughts. There should be respect for women in our behaviour, not only should we have an attitude towards the women of our home or family, but we should also have a healthy and positive attitude towards every woman in the society. At the end, Domnoj Kumar Dubey gave vote of thanks and all the program officers played an important role in conducting the program. After lunch break, volunteers of all three units jointly took out a rally on the above mentioned theme “Beti Bachao Beti Padhao”. This rally passed through the main campus of Vikas Vidyalaya and went to areas like Shukla Market, Bhulai Ka Pura etc. In which the volunteers strongly raised slogans for the education and protection of daughters. The volunteers had written slogans and slogans related to the above topic which were also displayed collectively in the community. extremely impressive and

This entire rally was conducted in a disciplined manner. All three program officers were present during the rally and kept directing the volunteers from time to time. At many places the general public welcomed and congratulated the students participating in the rally. After very positive feedback, the rally again ended in the main courtyard of Vikas Vidyalaya. After the conclusion of the rally, taking a short break, we proceeded towards the conclusion of the day and like the daily programmes, the sixth day also ended with the national anthem.

## Seventh day of the camp (February 08, 2020)



The last day of the weekly camp was divided into two parts on 8 February 2020. In the first session, students had to prepare posters and slogans on the given assignment and it was pre-determined that it was mandatory for every

volunteer to participate in it. All the volunteers made posters, wrote slogans on the topic Beti Bachao Beti Padhao and presented various ideas through pictures. An exhibition of these posters and slogans was organized in the first session of the last day. This



exhibition was organized in the main campus of Vikas Vidyalaya, in which every poster and slogan was put on the walls and decorated. Many respected teachers of



the college and all the teachers, staff and especially students of Vikas Vidyalaya





came to view the exhibition. He visited and appreciated the exhibition. In the end, the young children of Vikas Vidyalaya also visited the exhibition, to whom the volunteers of National Service Scheme made them aware of the basic ideas in the exhibition. Spent time with them and made them aware of how daughters are important for the society and how justice is not being done to them in the society. An attempt was also made to tell what role we all can play in protecting daughters in the society. After a very pleasant exhibition, lunch was taken and after the lunch, preparations were started for the closing ceremony of the program. Dr. Shruti Anand, Assistant Professor, Department of Education, Arya Kanya Mahavidyalaya was present as the chief guest on the closing occasion. Respected Principal of Vikas Vidyalaya, Mr. Dwivedi ji was also present in the said program. Along with this, other teachers of the college, Dr. Manoj Kumar Dubey, Dr. Alok Kumar Mishra, Dr. Harshmani Singh, Dr. Shailesh Kumar Yadav, Dr. Refaq Ahmed, Dr. Uday Pratap Singh etc. were also present to encourage the volunteers. The program was conducted by Program Officer Dr. Avinash Pandey. The guests were welcomed and honored by Dr. Narendra Kumar Singh and the vote of thanks was given by Dr. Vivek Kumar Rai. During her address in the program, Dr. Shruti Anand told the volunteers how one can create one's image through the National Service Scheme - just as we can be an educationist, an administrator, in the same way we can be a social worker. Can also happen Just as an administrator and a teacher are respected in the society, similarly a volunteer and a social worker are also respected. You encouraged and guided the students and by serving the society, the society also respects you. Taking his point forward, Dr. Anand also shared his experience with the volunteers. He asked the volunteers to form a group and throughout the year each volunteer should deposit only Rs. 365 and use that money to provide

necessary items for education to the children of the poor. To be spent in Principal of Vikas Vidyalaya, Dr. Dwivedi ji also addressed this program. Sir encouraged the students and thanked the volunteers for providing support and maintaining discipline for 7 days in the campus.

